

Stingray NEWS

Count Down To Swim Season: 61 Days

The swim team leadership and the coaching staff have been working hard to develop our plans for this summer. Our goal is to make this the best experience for every swimmer on team from Guppies all the way up to teens.

First off, please make sure you have taken care of submitting pool dues payments to SLCC Treasurer, Pat Kennedy. Mark your calendars for swim team registration at the clubhouse on **Saturday, April 2nd from 9:00 to 11:00 am**. We will be fitting swimmers in our team suits, and suits will be there for you to take home that day. Also, save the date for our Low Country Boil on Friday, May 6th.

The first official day of the 2011 Stone Lake swim team season is Monday, May 16th. On Sunday, May 15th at 3:00 is the swim assessment for **children ages 8 and younger** to determine group placement for the summer. If you swam on the 8 & under age group on big swim team last summer, you do not have to be reassessed. Again this year we will be separating kids in that age range into one of 3 groups based on swimming ability. Kids will either be placed in the 8 & Under age group on the swim team, the traditional Guppy Program, or the Minnow group. The Minnow group is for swimmers who are more advanced than Guppies but not yet ready for the demands of the 8 & Under group. The Minnow group will have morning practice at the same time as the 8 & Under swim team members. The Minnows will be working on acquiring skills while the 8 & Unders will be refining skills and developing endurance. The Minnow group will not have afternoon practice due to lane space limitations. The Minnow group will be a fluid group. This means that once the coaches determine that a swimmer has reached a certain level of proficiency, they will meet with the parents to see if the swimmer is interested in joining the 8 & Under group on the swim team. All group placements and move ups will be at the discretion of the coaching staff.

The complete summer practice schedule is below.

Starting June 6th	Regular Summer Schedule	
Morning Practice:	9 - 10	8:30 am - 9:15 am (4 lanes)
	11 - 12	8:45 am - 9:30 am (4 lanes)
	8 & under	9:15 am - 10:00 am (4 lanes)
	Minnows	9:30 am - 10:15 am (4 lanes)
	13 & up	10:15 am - 11:15 am (4 lanes)
	Guppies	11:15 am - 11:45 am (4 lanes)

Afternoon Practice (Mon.-Wed.)	8 & under 9 - 10 11 - 12 13 & up	4:00 pm - 4:45 pm (4 lanes) 4:45 pm - 5:30 pm (4 lanes) 5:30 pm - 6:15 pm (4 lanes) 6:15 pm - 7:00 pm (4 lanes)
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2011 SWIM MEET SEHEDULE - Please keep the following dates in mind as you make your summer plans.

Thursday, June 2, 2011 - Stone Lake at Sugar Creek

Thursday, June 9, 2011 - Thornblade at Stone Lake

Thursday, June 16, 2011 - Stone Lake at Gower

Thursday, June 23, 2011 - Greenville Country Club at Stone Lake

Thursday, June 30, 2011 - Spaulding Farms at Stone Lake

Red Division Meet: July 8 & 9, 2011 at Sugar Creek

Championships & Classics: July 16 & 17, 2011

Don't forget Pre-SAIL in March and April. If you have any questions, let me know.

Hope to see you on a pool deck very soon!

Holly